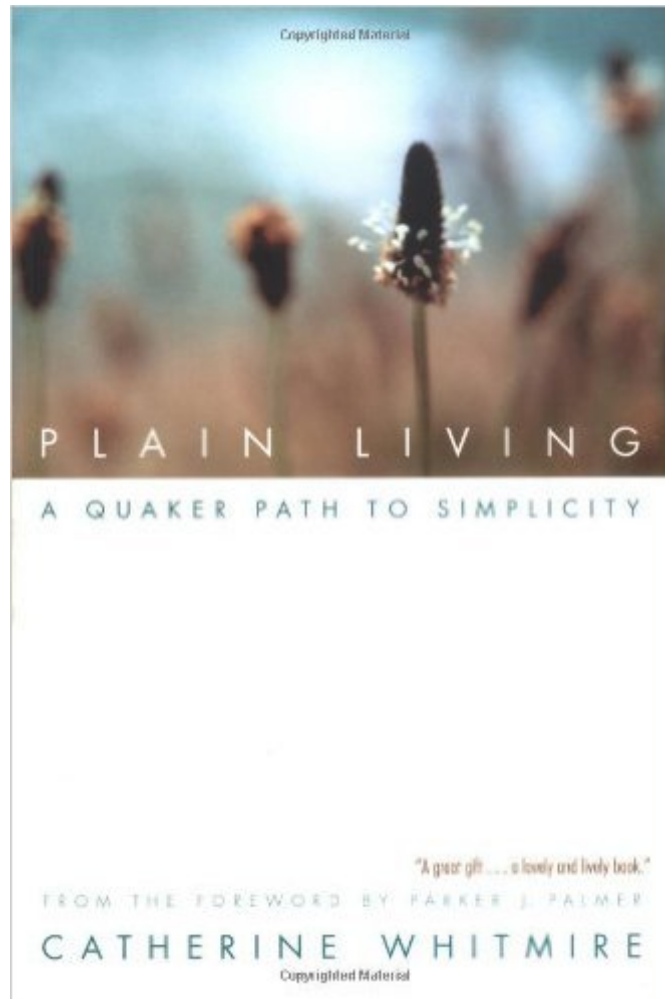


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# Plain Living: A Quaker Path To Simplicity



## Synopsis

Most of us living in this complex and time-pressured era have moments when we wish we were living simpler, more meaningful lives. Sometimes these wishes are fleeting desires, but for many today the search for a life of greater simplicity and meaning has developed into a deep longing. There are many routes to simplicity. This book focuses on and provides direction to the gimmick-free spiritual path followed by Quakers. For over three centuries Quakers have been living out of a spiritual center in a way of life they call "plain living." Their accumulated experiences and distilled wisdom have much to offer anyone seeking greater simplicity today. Plain Living is not about sacrifice. It's about choosing the life you really want, a form of inward simplicity that leads us to listen for the "still, small voice" of God. This book goes beyond the merely trendy to make the by now well-worn Quaker path to plain living accessible to everyone.

## Book Information

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## Customer Reviews

This small book comes packed with a wealth of information. This new paperback (July 2001) is a wonderful book to have by your side, to give as a gift, or to read with a group! We were fortunate enough to receive a review copy, which a neighbor borrowed (and we haven't seen it since)! But before it disappeared, we found it has a collection of Quaker writings and thoughts that those genuinely seeking inner peace and a simpler life will love. This is many steps beyond the books you find everywhere, with empty promises of living a simple life. Following the path Whitmire illustrates, as many have for years and years, means bringing Quaker beliefs into every day life. Reading the words of well known and not so well known Quakers made us want to read more. However, not all

of the sources are from in print books -- some are gleaned from out of print editions, from speeches, from conversations remembered by various Friends, or in little pamphlets not readily available to the average reader. Which is why we had to have a book of our own, to read and reread, and mark up.

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